

## SUCCESS STORIES



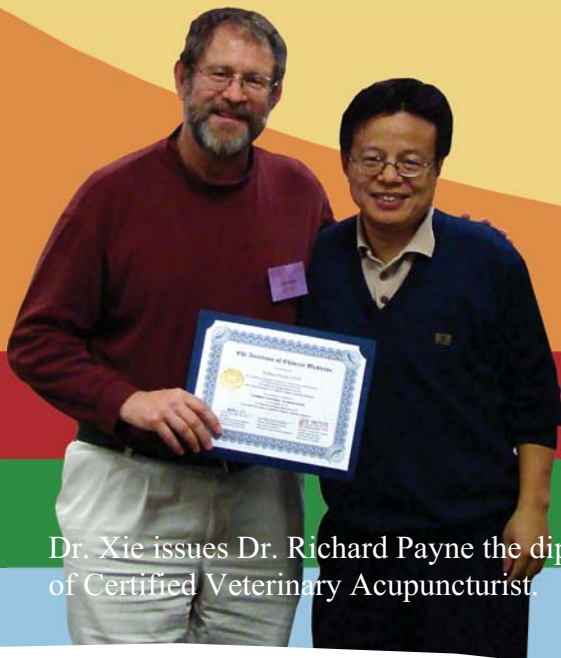
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Dr. Xie issues Dr. Richard Payne the diploma of Certified Veterinary Acupuncturist.

# TCVM NEWS

Voice of Jing Tang

## How to Integrate Herbal Medicine into Your Practice

By Tiffany Rimar DVM, CVA

The first step to integrate herbal medicine into your Veterinary practice is to just simply DO IT! This can be an intimidating process but if you follow a few simple steps you too can make an easy transition to create synergistic medical results. First, a clear understanding of Traditional Chinese Veterinary Medicine (TCVM) tenants and diagnosis needs to be the foundation. Herbal preparations, energetics, properties and methods of administration need to be understood. Knowing some common mistakes and how to prevent or overcome them can build confidence and enhance clinical results. Examples of commonly used formulas can help start an herbal pharmacy. Knowledge of any other medications or modalities being used is an important consideration as this may alter an herbal plan. The final step to master, which is always a continual process, when integrating a new modality into your practice and your life is....**Harmony**.

### Five Most Common Mistakes

- 1) Treating symptoms and not the TCVM pattern
- 2) Using too many herbs at one time
- 3) Trying to treat too many conditions
- 4) Expecting herbal medicine to work as quickly as conventional medication
- 5) Tunnel vision

### Top 10 herbs to start your Herbal Pharmacy

Starting an herbal pharmacy can be overwhelming. This is because most practitioners are unsure of the most common herbal medicines used in an integrative or complete TCVM practice. The most common herbal medicines used are based on the most common patterns seen in practice. The top 5 are "must have" herbal formulas, 6-10 are "should have" formulas. These categories are divided into both small animal

(Continued on page 8)

## HEADLINE NEWS

The first Online Herbal Class will be offered in December. All 5 modules in 2009 will be offered both on site and online. This class satisfies 15 hours towards the basic acupuncture internship, and also constitutes 32 hours of CE credit.

The first 2-day TCVM Introductory Seminar for TCVM and Chinese Herbal Medicine was held in Denver, Colorado the weekend of October 11 and 12. Dr. Carla Pasteur taught the equine session, and Dr. Cindy Wallis taught the small animal session, hosting 46 veterinarians who said this overview surpassed their expectations. The next Introductory Seminar will be held in the East in White Plains, New York on April 18 and 19, 2009. Please tell your colleagues in the area about this wonderful opportunity to either learn about TCVM to see if it is for them, or it can also be attended for a good review for people who learned it years ago. It has been approved for CE credits for 7 hours per day.

(Continued on page 10)

# Di Gu Pi in a Hip Displasya Case



By Cindy Wallis, DVM, CVA

Sandy, aka 'Girlfriend', a spayed 12 year old Golden Retriever, first presented to me as a 'last resort' on 5/11/2007. Her owner was considering euthanasia due to her declining quality of life from progressive degenerative joint disease, ie. 'hip dysplasia'.

All conventional Western medicine options had been exhausted and Sandy could no longer stand on her own or walk much further than needed to urinate and defecate. She also suffered from severe thunderstorm phobia which was being marginally controlled with acepromazine.

She had had an FHO on the left hip 2/7/1996. Recent radiographs showed severe degenerative joint disease in both hips and mild lumbar spondylosis.

Her conventional therapy consisted of Glycoflex and Deramaxx 100 mg 1/2 to 1 tablet daily but no longer seemed to be helping. Her owner had begun to give her melatonin for the thunderstorm phobia. She was overweight, BCS 7.5/10, at 88 pounds but had lost 30 pounds by dieting over the last several months yet her arthritis symptoms continued to worsen.

Her neurologic examination was unremarkable. She had severe crepitus in both hips and moderate crepitus in both stifles.

She initially presented as an 'Earth' type personality with occasional Liver

Yang Rising (biting when in pain or needled in a sensitive area). As her treatment progressed and she began to improve she clearly showed her true 'Fire' personality with a constant tail wag, persistent face licks on greeting and never snapping.

On her initial TCVM exam her tongue was pink with a slight purple tinge. Her pulses were deep and slightly thready with the left pulse weaker than the right.

Chemistry profile, CBC, urinalysis and thyroid tests were all normal. She had no other medical symptoms or problems at the time.

Her TCVM diagnosis was Boney Bi Syndrome secondary to Kidney Yin Deficiency, Qi stagnation, Shen Disturbance (Thunderstorm phobia) and excess phlegm accumulation (overweight).

Dry needle acupuncture was begun addressing the Bi syndrome and Shen disturbance.

Sandy stumbled out of the car and was groomed immediately following her first treatment and her discomfort worsened for the first 2 to 3 days. However by her second treatment her owner reported that she had recovered well, was more comfortable than prior to the treatment and was wanting to walk farther. Dasuquin was begun at the second acupuncture treatment.

On week 3 her owner reported that Sandy seemed worse the first day after her second treatment but then significantly improved. She was walking more in the mornings and was going up and down a flight of stairs with no hesitation or obvious discomfort. She was able to stand throughout most of the needle placement at her third treatment and seemed much more comfortable and relaxed.

At week 4 aquapuncture with 50% B12 at An Shen and Da Feng Men was added. Shen Calmer for the

thunderstorm phobia and Di Gu Pi for the Bi Syndrome were begun.

By week 5 Sandy was very happy to go for her morning walk and was able to get up easily on her own even on tile floors. In spite of her owner's attempt to restrict her from the stairs, Sandy went up and down easily with no hesitation or crying. She was very happy during her treatment with no complaints about needling.

By week 6 her Bi Syndrome has shown continued and marked improvement. Her thunderstorm phobia was still pronounced therefore her Shen Calmer was increased from 3 0.5 Gm capsules BID to 5 BID. One week later she presented for aquapuncture to help with the thunderstorm phobia and firework fear. Aquapuncture was performed with 50% B12 at An shen, Da Feng Men, Ht7 and PC6. Her Shen Calmer was increased to 7 capsules BID.

On Week 7 her thunderstorm phobia had significantly improved by about 75 to 80% according to the owner but she was 'hesitating' on the stairs the last 2 to 3 days. Dry needle, aqua and electro acupuncture were employed primarily directed at the Bi Syndrome but for control of the Shen Disturbance as well.

By week 9 Sandy had lost 4# on her diet. She was much more energetic and eager to go on her walks and her thunderstorm phobia was almost totally resolved. During her ninth treatment a severe thunderstorm occurred. Sandy calmed within 10 minutes of aquapuncture at An Shen and Da Feng Men and her treatment proceeded as usual with her sleeping throughout the electro acupuncture.

The time between treatments was increased to every 3 weeks. By the third month of treatment Sandy was a typical very happy and friendly 'Fire' dog. She was pulling her owner to extend her walks and displaying almost no signs of thunderstorm phobia. Her owner had begun to decrease the Shen Calmer to 5

capsules twice a day. Her tongue at each visit was almost consistently normal. Her pulses were normal except a slight decreased Kidney Yang pulse and we began watching for signs of Qi deficiency. We began to wean her off of Deramaxx.

Sandy's treatment has continued to progress well over the next 6 months. She has been completely weaned off of all NSAIDS and Western 'anxiety' medications. She is 13 1/2 years old now and is doing very well on dry, aqua, and electro acupuncture treatments every 3 weeks. She declines slightly if we try to extend the treatments to every 4 weeks and her owner prefers to maintain the every 3 week schedule.

She is also maintained on Di Gu Pi twice a day and very occasional Body sore if she is overly active or jumps out of the car too quickly.

No obvious signs of Qi deficiency have been observed yet though we continue to monitor for them as her

right pulses are slightly weaker than her left.

In the winter Dok's Formula was added for Cold Bi as Sandy had begun to hesitate on the stairs. She resolved within 2 weeks and was weaned off the Dok's Formula after 4 months with the onset of Spring and warmer weather.

At her most recent visit, 8/07/08, her serum chemistries, CBC, T4 and urinalysis remain normal. Her nuclear sclerosis has not progressed at all. Her weight is normal and maintained at 65#. She continues to do well enjoying her usual walks, getting up on her own even on slippery surfaces and navigating stairs with no problems. She is on Di Gu Pi twice a day for maintenance and occasional Body sore as needed. We just restarted Shen Calmer after having discontinued it for several months due to recent thunderstorm anxiety. In addition we have added Wind Toxin and some appropriate acupuncture for some front leg licking.

We will continue to adjust her acupuncture treatments and herbal medicines as needed. We will incorporate Western medicine as indicated in order to continue to provide the best possible quality of life for Sandy and her owner.

Sandy is a wonderful example of the benefits of TCVM. After over 20 years of practicing Western medicine it is a privilege to have learned these new tools from Dr. Xie and all of those at Chi. I am so grateful to be able to help so many patients and their owners enjoy more QUALITY time together. I believe the greatest benefit to my patients and to my enjoyment of the art of medicine is to be able to learn the effective use of as many tools as possible. We can then apply those, or a combination of those, that are most appropriate for each patient. Our reward is to watch them enjoy an active, comfortable and healthy life.

## Di Gu Pi Formula <sup>TM</sup>

### General Dosage:

Horse: 15 g BID as top dressing on feed

Dog/Cat: 0.5 g per 10 to 20 lb body weight BID

### A SOLUTION FOR ARTHRITIS!

Di Gu Pi addresses the tonification of Kidney Yin and Qi and the elimination of Wind-Damp. It is designed for the Kidney Yin and Qi Deficiency Bony Bi syndrome.

Di Gu Pi is indicated in arthritis, chronic joint pain, hip dysplasia, degenerative joint disease, rheumatism, intervertebral disc disease (IVDD).

Ingredient	Actions
<i>Di Gu Pi</i>	Nourish Yin and clear deficient Heat
<i>Mu Dan Pi</i>	Cool Blood, clear Heat, resolve stagnation
<i>Shu Di Huang</i>	Nourish Blood and Yin
<i>Sheng Di Huang</i>	Clear Heat, nourish Yin
<i>Qin Jiao</i>	Clear Wind-Damp, nourish Yin
<i>Bu Gu Zhi</i>	Tonify Kidney Yang and Yin
<i>Gu Sui Bu</i>	Tonify Kidney Yang and strengthen bones
<i>Du Zhong</i>	Strengthen the back
<i>Ze Xie</i>	Drain Damp and benefit the urination
<i>Dan Shen</i>	Invigorate Blood and resolve stagnation
<i>Wei Ling Xian</i>	Clear Wind-Damp and benefit Channels
<i>Dang Gui</i>	Nourish Blood and relieve pain



“In TCVM, Bi syndrome refers to pain and stiffness in muscles, tendons, bones and joints.”

### DI GU PI IS AVAILABLE IN:

- 100g, 200g, 600g, 900g Powder
- 100/200 ct 0.5g Capsules
- 100 ct 0.2g Capsules
- 200 ct Tea Pills

### Product of Jing Tang Herbal

### How To Order:

- [www.tcvmherbal.com](http://www.tcvmherbal.com) (save 5%)
- Call 800-891-1986
- Fax 866-700-8772
- Email: [order@tcvm.com](mailto:order@tcvm.com)

*Learn how to prescribe food as medicine, using the ancient principles of TCVM, to further advance the care of all your patients.*

# Veterinary food therapy



## Veterinary Food Therapy Class

(Mar 26 to 29, 2009: 28 C.E. Hours)

Food therapy is one of the five branches of Traditional Chinese Medicine (TCM). It is a practice of healing using natural foods along with or instead of medications. This course is one of the most favorite programs by the Chi Institute students. Over 170 veterinarians have attended this course since 2005. Food therapy

is the preparation of selected food ingredients and superior herbs. Each recipe was developed under the supervision of TCVM theory (yin-yang, five elements, eight principles and Zang-fu physiology and pathology) and is designed to treat specific health conditions.

### Course Agenda

Day	8:30 AM --12:30 PM	1:30 -- 5:30 PM
Thur.	Introduction to food therapy	Food therapy for lung problems in horses
Fri.	Food therapy for GI, liver and endocrine disorders.	Food therapy lab
Sat.	Food therapy for skin problems, cancer, Wei and Bi syndromes	Food therapy lab
Sun.	Food therapy for heart and renal problems, and pediatric and geriatric patients	



#### All lectures and labs are given at:

- **Chi Institute of Chinese Medicine**  
9700 West Hwy 318, Reddick, FL 32686  
Tele: (800)891-1986 Fax: (866)700-8772  
E-mail: barbara@tcvm.com  
Web Site: [www.tcvm.com](http://www.tcvm.com)
- **Complimentary lunches provided**
- **For student rate accommodations, visit:**  
<http://www.tcvm.com/location.htm>.

#### Prerequisites:

- **TCVM Fundamental Theories**  
Yin Yang, Five Elements and Eight Principles (5-lectures, part of the basic veterinary acupuncture program).
- **Herbal Introduction**  
Required only for those who previously haven't taken any Chinese herbal classes (6 lectures, a part of Veterinary Herbal Medicine program).

For those who haven't taken the above training, these lectures must be studied on DVD prior to taking the class. Call 800-891-1986 x 101 for details.

TO REGISTER OR FOR MORE INFO, CALL

**800-891-1986**

OR VISIT US ONLINE AT

[www.TCVM.com](http://www.TCVM.com)

This seminar highlights some of the more popular and effective uses of Veterinary Acupuncture and Chinese Herbal Medicine, as well as their contraindications.

**One More Step for Yourself One More Option for Your Patients**



Wet-lab Hands-on at the Chi Institute Small Animal Acupuncture Class 2008

**Veterinary acupuncture** has proven to be an effective modality for pain relief and relaxation in the United States. Many people think of acupuncture when they consider using Traditional Chinese Medicine (TCM). Actually, there are five branches in TCM: Acupuncture, Herbal Medicine, Tui-na, Food Therapy and Tai Chi/Qigong. Each branch is a specialized area that requires education and training to be performed effectively. Chi Institute provides a series of C.E. programs in TCM to veterinarians who integrate acupuncture or herbal medicine in their daily practice.



## Veterinary Acupuncture and Herbal Medicine Introduction Class (14 C.E. HOURS)

**APRIL 18 - 19, 2009 IN WEST HARRISON, NY**

### Small Animal Session

**SATURDAY, April 18, 2009**

- 9:00 - 9:50: How to Understand TCM and Five Elements
- 10:00-11:00: Indications and Contraindications of Veterinary Acupuncture
- 11:00-11:30: Coffee/Tea Break
- 11:30-12:30: How to Use Acupuncture for Treatment of Arthritis in Dogs
- 12:30-13:30: Lunch Break
- 13:30-14:20: How to Understand Chinese Herbal Medicine
- 14:30-15:30: How to Use Chinese Herbal Medicine to Treat IBD
- 15:30-16:00: Coffee/Tea Break
- 16:00-17:30: How to Use Chinese Herbal Medicine to Treat Cancer in Dogs

### Equine Session

**SUNDAY, April 19, 2009**

- 8:00 - 8:50: An Introduction to Equine Acupuncture
- 9:00- 10:00: Acupuncture for Diagnosis and Treatment of Equine Lameness
- 10:00-10:30: Coffee/Tea Break
- 10:30-12:00: Acupuncture for Diagnosis and Treatment of Equine Lameness
- 12:00-13:00: Lunch Break
- 13:00-13:50: An Introduction to Herbal Medicine in Horses
- 14:00-14:50: How to Use Chinese Herbal Medicine to Treat Cushing's Disease, Dermatitis and Uveitis
- 15:00-16:00: How to Use Chinese Herbal Medicine to Treat COPD, Heaves and Cancer in Horses

### Class Location & Accommodation

#### Renaissance Westchester Hotel

80 West Red Oak Lane  
West Harrison, New York 10604, USA  
Phone: 800-891-2696 Fax: 914-694-5616

**Chi Student Room Rate: \$139.00 per night**  
(if reserved before March 27th, 2009)

#### Area Airports Direction:

White Plains - HPN: 6.5 miles S.  
New York - LGA: 30 miles SE  
New York - JFK: 40 miles SE  
Newark - EWR: 40 miles NE

### Tuition and Registration

**Tuition:** \$100 for each session; \$175 for both

**C.E. Credits:** 7 hrs per session approved by RACE  
**To register,** please visit [www.tcvm.com](http://www.tcvm.com) or call 800-891-1986.

For more information, please call

**800-891-1986**

or visit our web site

**[www.tcvm.com](http://www.tcvm.com)**



### Speaker: Cindy Wallis, DVM, CVA



Dr. Wallis is a 1988 graduate of Tufts University CVM. After graduation, she worked at the Brookfield Zoo and the Cincinnati Zoo before entering private practice. She took the CSU Acupuncture Course in 1997/98 and TA'd the course for 3 years after that. She is IVAS certified and has been an examiner for the IVAS certification exam. She is certified in Veterinary Spinal

Manipulative Therapy through the Healing Oasis. She has been studying acupuncture, Chinese herbal medicine and food therapy at the Chi Institute since 2002. She currently has a mixed animal clinic in Colorado where her practice is exclusively acupuncture, chiropractic and Chinese herbal medicine.

# Diabetes Mellitus Controlled with TCVM



By Jody Bearman, DVM, CVA

In March of this year, I received a phone call on a Wednesday from frantic owners telling me that they needed their dog cured by Friday. They said that he had superficial necrolytic dermatitis and uncontrolled diabetes mellitus, couldn't move at all or eat, and their vet had said to euthanize him. I told

them I would be willing to see him, but he certainly wouldn't be cured by Friday. I met Loki, a 12 year old border collie mix, later that night, and he was obtunded and damp heat filled the air on and around his body. His tongue was red and wet, pulses were fast and wiry, all parts of his body were hot, gingiva were yellow, paws had yellow crusts, elbows were hot, red and scaly. He had loose stool, urinary incontinence (on 29 U of vetsulin twice daily) and was also on Denamarin, cephalixin, ursodiol, potassium supplement and amino acid powder. He had diagnostic points at BL-18, 21 and 22. I diagnosed him with liver damp heat and spleen and kidney qi deficiency. I treated him with dry needles to cool at GV-14, Wei Jian and LIV-2, to drain damp at SP-6 and 9, to help his shen at GV-20, to tonify qi at ST-36, Bai Hui, Shen Shu, BL-21 and KID-3, to stop diarrhea at GV-1 and to make him eat at Shan Gen. I ordered Jiang

Tang Cha for Kidney Qi/Yin deficiency and Artemisia Combination for Liver Damp Heat overnight so he could start right away. Within a week he was able to push himself to a sit, his stool was improved and he was drinking and urinating less. After consulting with Dr. Xie, the Jiang Tang Cha dose was increased to 0.5g per 5 pounds and Artemisia kept at 0.5g per 10 pounds. He gradually regained his appetite and never lost weight, although due to the owners concerns about his finickiness, I added Eight Gentlemen at 0.5g per 20 pounds (the owners didn't want to give many more pills). He no longer receives Eight Gentlemen, but his people keep it on hand "just in case". He is also on a lower dose of Artemisia Combination. He now plays fetch daily, has normal liver enzymes, and even though his blood sugar is a bit high, he has no PU/PD and a great appetite.

## Jiang Tang Cha™

### General Dosage:

Horse: 15 g BID as top dressing on feed

Dog/Cat: 0.5 g per 10 to 20 lb body weight BID

Jiang Tang Cha is indicated in diabetes due to Kidney Qi-Yin Deficiency. This formula tonifies Qi, nourish Yin, resolve thirst and clear Heat in order to address Kidney Qi and Yin Deficiency, San-xiao or Xiao-ke, muscle atrophy, fatigue, and loose stool, polyuria and glucosuria. It may be used as needed up to 6 months and may be in combination with conventional medication for 1 to 3 months.

### Jiang Tang Cha Is Available In:

100g, 200g, 600g, 900g Powder

100/200 ct 0.5g Capsules

100 ct 0.2g Capsules

Ingredient	Actions
<i>Bai Zhu</i>	Tonify Qi
<i>Cang Zhu</i>	Strengthen Spleen
<i>Huang Qi</i>	Tonify Qi
<i>Shan Yao</i>	Tonify Qi
<i>Bei Sha Shen</i>	Nourish Yin
<i>Xuan Shen</i>	Clear Heat, nourish Yin
<i>Yu Zhu</i>	Nourish Yin
<i>Sang Piao Xiao</i>	Astringently consolidate
<i>Wu Wei Zi</i>	Astringently consolidate



Diabetes is called "Xiao-ke" or wasting & thirsting in TCVM. The TCVM pathological base of diabetes is global Yin Deficiency with Spleen Qi Deficiency. Therefore, the main treatment principle of diabetes is to nourish Yin and tonify Spleen Qi.

### How To Order:

- [www.tcvmherbal.com](http://www.tcvmherbal.com) (save 5%)
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(All programs are approved by RACE for veterinary continuing education.)

Florida Veterinary Acupuncture (SA/EQ/Mixed)			
Session 1	July 30 - Aug 2	Session 3	Oct 22 - 25
Session 2	Sep 24 - 27	Session 4	Dec 17 - 21

West Coast Small Animal Acupuncture	
Session 1 (CA)	Feb 2 - 7
Session 2 (CA)	May 11 - 16
Session 3 (FL)	Aug 20 - 23
Location: Sacramento, CA	

Veterinary Herbal Medicine	On Site	Online
Liver/Endocrine	Feb 26 - Mar 1	Mar 8 - June 8
Dermatology/Oncology/ Immune-mediated	April 23 - 26	May 3 - Aug 3
Gastrointestinal/Spleen	July 16 - 19	July 26 - Oct 26
Respiratory/Cardiovascular	Oct 15 - 18	Oct 25 - Jan 25
Kidney/Geriatric/Urinary/ Reproductive	Dec 10 - 13	Dec 20 - Mar 20

TCVM Diagnostics, Classical Points and Advanced Acupuncture Techniques
Small Animal Session: Jan 22 - 24, 2009
Equine Session: Jan 8 - 10, 2009

Veterinary Tui-na - Chinese Medical Manipulations
Nov 12 - 15, 2009

Veterinary Food Therapy
Mar 26 - 29, 2009

West Coast Veterinary Herbology Seminar
Topics: Qi-Blood Regulating Herbs & Clinical Application
Date: May 17 - 20, 2009
Location: Sacramento, CA

TCVM Annual Conference 2009
Date: Nov 19-22, 2009; Location: Reddick, FL

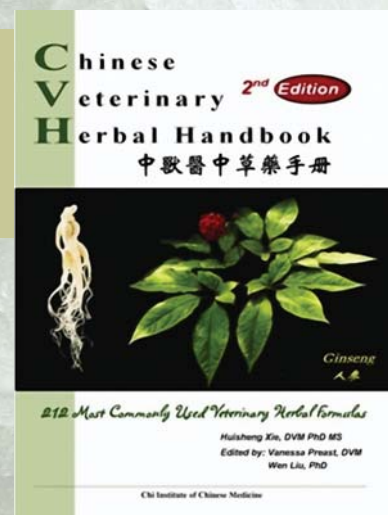
## The 2nd Edition of the CHINESE VETERINARY HERBAL HANDBOOK Is Now Available!

- 42 newly-developed herbal formulas for animals
- 20 new tables
- 6 pages of color charts
- 212 most commonly used veterinary herbal formulas are introduced in total

### BOOK CONTENT

- CHAPTER ONE  
Quick Selection of Chinese Herbal Formulas Based on Clinical Conditions
- CHAPTER TWO  
Quick Selection of Herbal Formulas by Zang-Fu Syndromes
- CHAPTER THREE  
212 Commonly Used Veterinary Herbal Formulas
- CHAPTER FOUR  
Basic Knowledge of Chinese Herbal Medicine

- APPENDIX
- ✓ Quick Reference for Each Formula by Name
  - ✓ Quick Reference for Formulas by Code Number
  - ✓ Herbal Formulas for Starting a Pharmacy
  - ✓ Materia Medica: Top 50 Chinese Herbs
  - ✓ Chinese Veterinary Herbal Medicine Training
  - ✓ Quick Reference for Drug Test Positive and Pregnancy Contraindication
  - ✓ FAQs and Answers for Chinese Herbs



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(Continued from page 1)

and large animal. Most of the large animal formulas are primarily for horses but are also applicable to farm animals. I personally think the top 10 are all “must have” formulas!

#### Small Animal “Must Have” herbal formulas

1. **Body Sore** - musculoskeletal pain, Qi and Blood mover
2. **Damp Heat Skin** - dermatitis, clears damp heat, cools blood
3. **Di Gu Pi** - arthritis, Kidney Qi/ Yin tonic with Bony Bi syndrome
4. **Great Saussurea Coptis** - hemorrhagic enteritis, lick granuloma, clears damp heat, moves Qi, not very palatable (topical/oral)
5. **Yunnan Bai Yao** - helps stop hemorrhage, stagnation and pain (topical/oral)

#### Small Animal “Should Have” herbal formulas

6. **External Wind** - anti-histamine, helps stabilize mast cells, alleviates external wind
7. **Golden Yellow** - topical antimicrobial, clears damp heat and stagnation (topical)
8. **Red Front Door** - hematuria, clears damp heat, stops hemorrhage
9. **Shen Calmer** - behavioral anxiety, nourishes Heart Yin and Blood
10. **Dok’s Formula** - Cold Bi syndrome, arthritis, DJD, IVDD

#### Large Animal “Must Have” herbal formulas

1. **Body Sore** - musculoskeletal pain, Qi and Blood mover
2. **Equine Du Huo** - arthritis, back pain, tonifies Kidney Yang, clears Wind-Cold-Damp
3. **Hot Hoof #2** - laminitis, clears heat toxin, invigorates blood, relieves pain
4. **Liver Happy** - behavioral aggression, clears Liver heat and stagnation
5. **Tendon Ligament Formula** - tendon issues, Qi and Blood tonic and mover

#### Large Animal “Should Have” herbal formulas

6. **Breath Easier B-** COPD, tonify Lung/ Kidney Qi and Lung Yin
7. **Equine Yin Qiao-** respiratory infection, dispels Wind-Heat, relieves exterior
8. **Stomach Happy-** gastric ulcers, nourish Yin, moves Qi, relieves pain
9. **Red Lung-** EIPH, epistaxis, clears Lung fire, cools Lung
10. **Yi Zhi Ren** - developmental orthopedic disease, warm Spleen and Kidney

Many other herbal formulas exist and are commonly used in practice. These are the most common herbs the author uses on a daily basis. Some of these can be used both orally and topically. The combinational uses are listed, otherwise the formula is assumed as oral use. Do not let this inhibit the imagination from devising new topical applications from oral herbal formulas. The only limitations we have are those we put on ourselves.

#### Other Tips to Help Beginners Start an Herbal Pharmacy and Herbal Practice

- 1) Incorporate different herbal forms
- 2) Incorporate different herbal preparations
- 3) Knowledge of other medications used when starting herbal therapy

Herbal Medicine is an essential part of total body wellness and can be incorporated into practice with ease and harmony. With a working knowledge of TCVM tenants, a pattern diagnosis can be made. The diagnosis is based on a cornucopia of information both in conventional medicine including a history, signalment and physical exam as well as a TCVM evaluation including tongue, pulse, temperature and shen. Knowledge of any other medications or modalities used is also important. When the entire picture has been painted, the finishing touch is the herbal selection. This selection is based on herbal energetics, properties and administration techniques. Having knowledge of some common mistakes will help prevent them. Knowing some common herbal formulas will allow a practitioner to start an herbal pharmacy with confidence. The last step to integrate herbal medicine into practice is to just do it and have fun with it! Your patients will thank you for it!

#### References

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Are you frustrated with liver cases that do not seem to be making progress, or are even getting worse no matter what remedies you use?

Do you long to offer herbal solutions for Endocrinology cases?



# Veterinary Herbal Medicine Liver & Endocrinology Module Starts on

**Feb 26, 2009 (On-site Class)**

**Mar 8, 2009 (On-Line Class)**



## Liver/Endocrinology Class Syllabus \*

### Thursday, Feb 26, 2009

8:30 -12:30: TCVM Liver Pathology and Physiology  
- by Dr. Huisheng Xie

13:30-17:30: Herbal Studies  
- by Dr. Shaolin Deng

### Friday, Feb 27, 2009

7:45 - 8:25: Tai-ji Practice

8:30 -12:30: Cholangitis Complex, Hepatic Lipidosis, Hepatitis and Necrosis, Ascites, Hepatomegaly, Huang Dian Syndrome, foot Problems, Tendon/ligament Problems  
- by Dr. Huisheng Xie

13:30-16:30: How to Approach Clinical Canine and Equine Cases (Demo/Lab)  
- by Drs. Clemmons and Xie

17:00-18:30: Case studies (Wet lab)  
- by Drs. Clemmons and Ortiz

### Saturday, Feb 28, 2009

7:45 - 8:25: Tai-ji Practice

8:30 -10:30: TCVM Approach for Uveitis, Conjunctivitis, Cataract and Glaucoma  
- by Dr. Huisheng Xie

10:30 -12:30: How to Treat Diabetes  
- by Dr. Huisheng Xie

13:30-17:30: Seizure, Epilepsy and Neurological Disorders  
- by Dr. Roger Clemmons

### Sunday, March 1, 2008

7:45 - 8:25: Tai-ji Practice

8:30 -12:30: Cushing's Disease, Hypothyroidism, Hyperthyroidism, Hypertension  
-Dr. Huisheng Xie

\* Lunch is provided on Thursday, Friday and Saturday.

## Major Speakers

### Dr. Huisheng Xie, DVM, MS, PhD

Dr. Xie received his DVM at the Sichuan CVM in China 1983, his Master of Science in Veterinary Acupuncture in 1988 and his PhD from University of Florida in 1999. He is the Director of Veterinary Acupuncture Internship Program at the Veterinary Medical Center of the University of Florida. He has been invited to lecture veterinary acupuncture and herbal medicine all over the world. He has published 10 books and over 100 scientific papers.

### Roger Clemmons, DVM, PhD, CVA

Dr. Clemmons received his Doctor of Veterinary Medicine in 1973 and Ph.D in 1979, both from Washington State University. He is the Associate Professor of Neurology & Neurosurgery at the College of Veterinary Medicine, University of Florida, and is a Certified Veterinary Acupuncturist as well. He integrates veterinary acupuncture, herbal medicine and nutrition into his practice.

### Shaolin Deng, OMD, AP, MA

Dr. Deng received her medical degree from Hubei University of Traditional Chinese Medicine in 1982. She has practiced and taught traditional Chinese Medicine (TCM) in China and the United States for over 22 years. She currently teaches and practices TCM in Gainesville, Florida.

## On-Site Class Location

Chi Institute of Chinese Medicine  
9700 West Hwy 318, Reddick, FL 32686  
Tel: (800)891-1986 Fax: (866)700-8772  
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# Dang Gui Bu Xue Tang and Diet Change as a Treatment for Hemangiosarcoma

By Ruth Roberts DVM, CVA



Murphy is a 6 yo mn obese lab who had a mass removed on July 2006, it was a hemangiosarcoma; the mass recurred on February 2007 and was removed with clear margins. The prognosis was 6 to 8 months and 12 to 16 months with chemotherapy. The owner declined chemotherapy and elected to pursue a TCVM approach.

TCVM diagnosis: Murphy is an Earth dog; he had pale and dry tongue, deep pulses weaker at the right side mostly at the heart and lung positions. BL23, BL25 and CV14 were

painful at palpation. He was diagnosed with Heart Blood Deficiency. The acupuncture treatment included the following points: BL21, BL 23, BL25, Bai Hui, GV6, LI10, ST36, ST40, and BL17. *Dang Gui Bu Xue Tang* was chosen as herbal treatment and his diet was changed to a home cooked diet which focused on blood tonics and spleen Qi tonics with no carbohydrates.

Acupuncture was repeated every two weeks. By May 5<sup>th</sup> Murphy had a normal tongue, had lost 12 lbs and

was feeling better than he had in several years. Acupuncture was discontinued and the herbal treatment continued at full dose for 12 weeks and then lowered to half dose. He was still on a home cooked diet. Murphy, 16 months after the diagnosis is still doing well and has lived twice his life expectancy with the sole use of acupuncture, food therapy and Chinese herbs.

## editor's notes

**Dang Gui Bu Xue Tang** tonifies Qi and generates Blood. The Qi and nutrients that form the Blood come from the Lung and Spleen; the main herb in this formula, Huang Qi (Astragalus) tonifies the Lung and Spleen Qi therefore nourishing Blood. Dang Gui (Angelica) also is a great Blood tonic.

**Shen Calmer** may be your answer if your animal is jumpy, Frightened or Stressed. This formula nourishes Heart Yin and Blood, calms down Shen and soothes Liver Qi. This formula is designed for Shen disorders, behavioral problems, restlessness, anxiety heightened by sudden noises, and travel or confinement-related stress. It nourishes Heart Yin and Blood, calms down Shen and soothes Liver Qi.

**Artemisia Combination** is used for jaundice due to Liver Damp Heat. The king herb Yin Chen Hao (Artemisia) is used to clear Liver Damp Heat.

**Eight Gentlemen** is used in chronic gastrointestinal conditions; it maintains the Spleen-Stomach balance and increases appetite. Eight Gentlemen tonifies Qi, strengthens Spleen, moves Qi and eliminate Damp in order to address poor appetite, abdominal pain or fullness, vomiting and Spleen Qi Deficiency with Stagnation of Cold-Damp.

**Dok's Formula** is designed for Painful Bi (Cold Bi) or Kidney Yang Deficiency Bi, aims to eliminate Wind-Damp, dissipate coldness and tonify Kidney Yang. The Cold pathogen dominates in Painful Bi, also called Tong Bi. Major clinical signs include joint pain, difficulty rising and lying down, and worsening of symptoms with exposure to Cold. Affected animals tend to prefer warm areas. The treatment strategy is to warm Channels, dispel Cold and eliminate Wind-Damp. Dok's Formula is designed for this condition.

## (Continued from page 1)

The first Chi Institute European Basic Acupuncture course started in October in Madrid, Spain, and was attended by 28 students from 8 different countries, joining Drs. Clemmons, Xie, Zilberschtein and Yamate for a very successful first session.

The Chi Institute 10th Advanced Annual TCVM Conference was held in September in Chong-qing, China. The main topics of this year's Annual Conference were Cancer, Liver and Skin Problems. The 2009 Conference will be held in Reddick, November 19-22, and the topic is Sports Medicine. Please mark your calendars now if you are planning to go to the next China Conference: September 11-25, 2010!

A new and expanded edition of the Chinese Veterinary Herbal Handbook was recently published. This edition includes 42 newly developed Chinese herbal formulas, 20 new tables and 5 color charts.

# Ginseng

For more than two thousand years, the root of this slow-growing plant has been valued in Chinese medicine. Ginseng is considered a top grade drug in Chinese medicine and a valuable tonic.

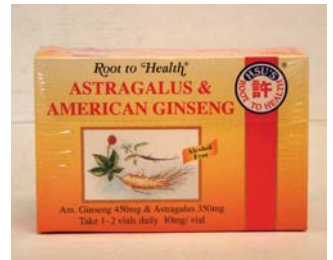
The English word ginseng derives from the Chinese term "Renshen", which literally means "man root", referring to the root's characteristic forked shape, resembling the legs of a man. The botanical name Panax, derived from Greek, meaning "of size-fits-all panacea."

Chinese ginseng is native to China and has been used in various systems of medicine for many centuries. For more than two thousand years, the root of this slow-growing plant has been valued in Chinese medicine. Ginseng is considered a top grade drug in Chinese medicine and a valuable tonic.

Its efficacy was known in China as early as the Han Dynasty. In the records, "Shen Nong's Materia Medica", it is known to: "fill the five internal organs, calm the spirit of the soul, eliminate the evil influences, keep fit, looking younger, and improving both mental and physical performance". It has been an important herbal remedy in traditional Chinese medicine.

In recent years, in-depth research of ginseng's chemical and pharmacological role for thousands of years, not only in China, confirmed the mysterious effects of ginseng, as well as the clinical application. Treatment claims for Chinese ginseng are numerous and include the use of the herb to support overall health and boost the immune system, improving the health of people recovering from illness, increasing a sense of well-being and by increasing stamina as a treatment for weakness and fatigue, and by relieving stress, by lowering blood glucose and controlling blood pressure.

The great role of ginseng has become a symbol of the culture of the Chinese nation. At Dr. Xie's Jing Tang Herbal we carry a few over the counter products including: Quadseng Extractum, Astragalus & American Ginseng, Royal Jelly & American Ginseng and Chinese ginseng root.



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# 1<sup>st</sup> Online Herbal Course

10<sup>th</sup>  
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## Veterinary Herbal Medicine Program Will Be Available Online from Dec 14, 2008

Starting Dec 14, 2008 we will introduce our first ON-LINE class! To take advantage of modern technology, and to allow our students to study at whatever time increments and hours they choose, we are very proud to announce that TCVM Clinical Approach/Chinese Herbal Medicine training program can be taken either on-line or onsite.

The program is a 165 C.E. hour (RACE approved) program, divided into five modules (see page 6). You can start from any one of the five modules without regard to sequence. Upon completion of all five modules, passing 5 take-home exams and the submission of three case studies, you will receive a Certificate of Veterinary Herbologist from the Chi Institute and China National Society of TCVM. These classes can be combined with onsite classes, or not, as you wish.

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5. Daily email mentorship
6. Eligible for the Diploma of Certified Veterinary Herbologist (CVH)
7. 165 C.E. Hours

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- **Midwest Veterinary Conference**  
in Columbus, Ohio  
on Feb 19-22, 2009  
BOOTH # 531

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